

Teams must have an equal number of players, on the field, during overtime. Should one have more players, they must "reduce to equate" matching the number of players on the opposing team.

Coaches are allowed to substitute at the end of regulation play and between overtime periods, in any manner they see fit. Coach's can choose any players they wish for the PK's. Coach's can change Goalkeepers for PK's at any time.

#### Coin Toss

Loser gets ball – Winner chooses sides.

# Play a full 5 minute overtime

If either team has more goals at the end of 5 minute overtime, game is over.

# If still tied

Switch sides – Play second **full** 5 minute overtime. Winner of beginning OT Coin Toss Kicks Off -

# <u>PK's</u>

Referee chooses which goal will be used to take PK's.

#### Do a coin toss

Winner chooses whether they shoot first or second.

Implement 5 Penalty Kicks each, alternating between teams, until the team that's behind can not score enough to change the outcome of the game. Referee keeps score. Team with most points, is the winner.

### If the score is still tied after 5 PK's

(All players must shoot before any player shoots a second time.)

Proceed to a "One On One shootout", allowing each team an equal opportunity to shoot. If one scores and the other does not, the game is over.

### Scoring

Add the total scores (Game + Overtime) and make sure the game sheet is correct before signing.